

TAMIL NADU PHYSICAL EDUCATION AND
SPORTS UNIVERSITY, CHENNAI

AUTHORITIES

CHANCELLOR

Hon'ble Shri. R.N. Ravi
The Governor of Tamil Nadu

PRO - CHANCELLOR

Thiru. Udhayanidhi Stalin
Hon'ble Minister for Youth Welfare & Sports Development, Department
Government of Tamil Nadu

VICE - CHANCELLOR

Dr. M. Sundar

Registrar i/c

Dr. R. Ramakrishnan

Finance Officer

Mr. R. Ramesh

Controller of Examinations i/c

Dr. V. Murugu Valavan



**தமிழ்நாடு உடற்கல்வியியல் மற்றும்
விளையாட்டுப் பல்கலைக்கழகம்
சென்னை - 600 127**

**TAMIL NADU PHYSICAL EDUCATION
AND SPORTS UNIVERSITY
CHENNAI - 600 127**

(Estd. by the Government of Tamil Nadu Under Act - 9
of 2005 & Approved by the UGC)
Accredited with 'B' Grade by NAAC

INDIA'S FIRST STATE UNIVERSITY FOR PHYSICAL EDUCATION AND SPORTS

CALENDAR 2023 - 2024



**தமிழ்நாடு உடற்கல்வியியல் மற்றும்
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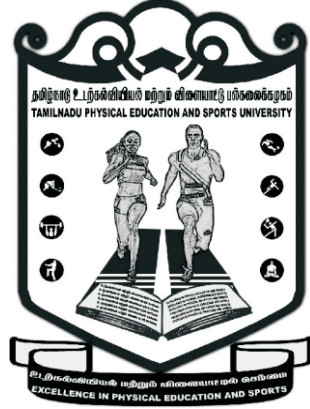
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**CALENDAR
2023 - 2024**

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TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

PREAMBLE

The Tamil Nadu Physical Education and Sports University established by an Act of the Government of Tamil Nadu in 2004, is unique and the first of its kind in India as an affiliating University, exclusively for Physical Education and Sports. The said Act came into force with effect from 15th September 2005 after obtaining the assent from His Excellency, the President of India on 05.08.2005.

VISION OF THE UNIVERSITY

“To engage in relentless pursuit of Excellence in the promotion and development of Physical Education and Sports through innovative programmes in teaching, coaching, research and outreach activities and evolve a holistic approach to the betterment of human resources through a harmonious blend of body, mind and spirit”

MOTTO OF THE UNIVERSITY

EXCELLENCE IN PHYSICAL EDUCATION AND SPORTS

உடற்கல்வியியல் மற்றும் விளையாட்டில் செம்மை

MISSION OF THE UNIVERSITY

- To create an ideal academic environment for Learning, Scholarship, Professionalism, and collaboration that fosters Excellence in active student learning and professional growth.
- To Design and introduce innovative, integrated, inter-disciplinary curriculum in Physical Education and various Sports and games and allied areas and provide Leadership to the profession.
- To offer unique graduate, Post-graduate and research Programmes in Physical Education, Sports and allied fields.
- To produce competent health conscious Physical Education teachers at various levels, who will be fully equipped to impart instruction in Physical Education and undertake Physical activity programmes for children and youth.
- To develop High-Tech research facilities and contribute to the body to knowledge through scholarly work and publications, and disseminate the findings to the professionals, faculty and students.
- To facilitate the application of research finding to refine and sharpen the coaching and training techniques in Physical Education and Sports.
- To closely collaborate and coordinate with the State and National bodies in Physical Education and Sports, in matters of common interest and concern.
- To establish linkages and networking with national and international specialized agencies and institutions and keep abreast of the latest developments in the field of Physical Education and Sports.
- To actively design programmes for the promotion and development of fitness and health concept among the students, faculty and the community around so as to mould them into physically fit and emotionally matured citizens.
- To Support and assist the conduct of State and National level coaching camps in various sports disciplines and to spot, nurture and groom the talent for National and International competitions and
- To establish a fully automated modern Library and information center equipped with Books, Journals, CDs, Online Databases etc and cater to the informational needs of the academic community making innovative use of IT.

REGULAR COURSES
I FACULTY OF PHYSICAL EDUCATION

1. Department of Physical Education

Sl.No.	Courses	Duration	Eligibility*
1	Ph.D in Physical Education	With M.Phil Regular 2- yrs Part time - 3yrs	M.P.Ed / MPES / MPE
		Without M.Phil Regular - 3 yrs Part Time - 4 yrs	
2	M.P.Ed (Master of Physical Education)	2 years	10+2+3 system of Education and B.P.Ed., Approved by the Syndicate of TNPEŠU and minimum of Inter College Level sports Participation
3	B.P.Ed (Bachelor of Physical Education)	2 years	Any degree approved by the syndicate of TNPEŠU with 10+2+3 system of Education and minimum inter School level sports participation
4	BPES (Bachelor of Physical Education and Sports)	3 years	A Pass in H.Sc., or its Equivalent Examinations Recognized by the Syndicate of TNPEŠU with any subjects with Participation in games and sports

* For detailed eligibility and further information, refer the latest University regulations.

II FACULTY OF YOGA AND ALLIED HEALTH SCIENCES

2. Department of Yoga

Sl.No.	Courses	Duration	Eligibility*
1	Ph.D in Yoga	With M.Phil Regular 2- yrs Part time - 3yrs	M.Sc(Yoga) / MA (Yoga) / M.Sc., (Yoga Therapy)
		Without M.Phil Regular - 3 yrs Part Time - 4 yrs	
2	M.Sc., (Yoga)	2 years	Any Degree recognized by the Syndicate of TNPEŠU
3	M.Sc., (Yoga Therapy)	2 years	Any UG Degree in Yoga related Courses / Any UG degree with Diploma or PG Diploma in Yoga or MBBS or BDS or Degree in Nursing or BPT or MPT or BYNS or BHMS or BAMS or BUMS or related courses
4	B.Sc., (Yoga)	3 years	A Pass in H.Sc., or its Equivalent Examinations Recognized by the Syndicate of TNPEŠU

* For detailed eligibility and further information, refer the latest University regulations.

3. Department of Exercise Physiology and Biomechanics

Sl.No.	Courses	Duration	Eligibility*
1	Ph.D in Exercise Physiology and Nutrition	With M.Phil Regular 2- yrs Part time - 3yrs	M.Sc (Exercise Physiology and Nutrition)
		Without M.Phil Regular - 3 yrs Part Time - 4 yrs	
2	M.Sc., Exercise Physiology and Nutrition	2 years	Any Science Degree* Recognized by the Syndicate of TNPEŠU
3	B.Sc., Exercise Physiology and Nutrition	3 years	A pass in H.Sc., or its Equivalent Examinations in Science Group Recognized by the Syndicate of TNPEŠU
4	Ph.D in Sports Biomechanics and Kinesiology	With M.Phil Regular 2 -yrs Part Time - 3 Yrs	M.Sc (Sports Biomechanics and Kinesiology)
		Without M.Phil Regular - 3 yrs Part Time - 4 yrs	
5	M.Sc. Sports Biomechanics and Kinesiology	2 years	Any Science Degree* recognized by the Syndicate of TNPEŠU
6	B.Sc. Sports Biomechanics and Kinesiology	3 years	A pass in H.Sc., with Maths/Physics / Biology / Computer Science / Chemistry / Statistics or its Equivalent Examinations Recognized by the Syndicate of TNPEŠU

* For detailed eligibility and further information, refer the latest University regulations.

III FACULTY OF TECHNOLOGY AND MANAGEMENT
4. Department of Sports Management and Sports Psychology & Sociology

Sl.No.	Courses	Duration	Eligibility*
1	Ph.D in Sports Management	With M.Phil Regular 2- yrs Part time - 3yrs	M.B.A. Sports Management
		Without M.Phil Regular - 3 yrs Part Time - 4 yrs	
2	M.B.A., Sports Management	2 years	Any Degree recognized by the Syndicate of TNPESU
3	B.B.A., Sports Management	3 years	A pass in H.Sc., or its Equivalent Examinations Recognized by the Syndicate of TNPESU
4	Ph.D in Sports Psychology and Sociology	With M.Phil Regular 2 - yrs Part time - 3 yrs	M.Sc., Sports Psychology and Sociology*
		Without M.Phil Regular 3 - yrs Part time - 4 yrs	
5	M.Sc., Sports Psychology and Sociology	2 years	Any Degree Recognized by the Syndicate of TNPESU
6	M.Sc., Psychology	2 years	Any Degree Recognized by the Syndicate of TNPESU
8	M.Sc., Sports Psychology	2 years	Any Degree

* For detailed eligibility and further information, refer the latest University regulations.

5. Department of Advanced Sports Training and Technology

Sl.No.	Courses	Duration	Eligibility*
1	Ph.D in Sports Coaching	With M.Phil Regular 2- yrs Part time - 3yrs	M.Sc., (Sports Coaching) / M.S. (Sports Coaching)
		Without M.Phil Regular - 3 yrs Part Time - 4 yrs	
2	M.Sc., Sports Coaching	2 years	Any Degree Recognized by the Syndicate of TNPESU with Diploma /P.G. Diploma in Sports Coaching with two years of Experience
3	B.Sc., Sports Coaching	3 years	+2 pass or its equivalent recognized by the syndicate of TNPESU with sports proficiency of minimum Participation or one National level Medalist
4	B.Sc., Sports Coaching (Hons)	4 years	+2 pass or its equivalent recognized by the syndicate of TNPESU with minimum of two National level participation or one National Level Medalist
5	P.G. Diploma in Sports Coaching (Athletics, Football, Hockey and Volleyball)	1 years	Any Degree with three times Representation in Senior or Junior nationals / Inter University / Inter Services / Inter Department Tournaments (or) Any Degree and B.P.Ed / M.P.Ed., with two Times Representation in Senior or Junior Nationals/ Inter University / Inter Services / Inter Department Tournaments.
6	Ph.D. in Sports Technology	Regular 2-yrs Part Time - 3 Yrs	M. Tech (Sports Technology)
7	M. Tech in Sports Technology	2 years	B.E./B.Tech., Equivalent Degree (Any Discipline)

* For detailed eligibility and further information, refer the latest University regulations.

TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

CHENNAI

Details of the Faculty Members

I. Faculty of Physical Education

Department of Physical Education

Sl.No.	Name of the Faculty and Qualification	Designation	Specialization
1	Dr. S. Manikandan, B.Sc (PHS),M.P.Ed., M.Phil., Ph.D., M.Sc(Yoga), NIS (Certificate), PGDCA, PGDFM (Fitness Management)	Professor and Head	Sports Training Methods Football and Handball
2	Dr. S. Thirumalai Kumar M.P.Ed., M.Sc., (Psy), M.Sc (Yoga), M.Phil., PGDCA., PGD.A.S.P.E.S., Ph.D.	Professor	Fitness and Wellness, Test Measurements and Evaluation, Rest, Recovery & Recreation, Pedagogy in Physical Education, Track and Field, Cricket, Basketball, Teaching Practice.
3	Dr. I. Lilly Pushpam, M.P.Ed., M.Phil., Ph.D., Cert.in Yoga, Cert. in Coaching (Athletics).	Associate Professor	Sports Psychology Athletics, Hockey, Basketball, Kabaddi
4	Dr. P. Kumaravelu, M.P.E.S., M.Phil., Ph.D.,	Associate Professor	Training Methods Athletics, Badminton, Kabaddi, Football, Volleyball
5	Dr. K. Rajeshkumar, B.Com., M.C.A., M.P.Ed., M.Phil., Ph.D.,	Assistant Professor	Sports Psychology, Computer Applications - Hockey
6	Dr. S. Jayakumar B.A.,M.P.Ed., M.Phil., Ph.D.,	Assistant Professor	Training Methods, Sports Psychology & Sociology - Kabaddi and Kho-Kho
7	Dr. S. Velkumar B.Sc.,B.L., M.P.Ed., M.Phil., Ph.D.,	Assistant Professor	Sports Training - Kho-Kho, Weight Lifting, Handball
8	Dr. C. Lakshmanan B.P.E., M.P.Ed., M.Sc., (Yoga), PGD(Yoga), Ph.D.,	Assistant Professor	Test and Measurement, Yoga Education - Athletics, Kho-Kho and Cricket

II. Faculty of Yoga and Allied Health Sciences

Department of Yoga

Sl.No.	Name of the Faculty and Qualification	Designation	Specialization
1	Dr. V. Duraisami, M.Sc(Yoga), M.Sc., (Yoga Therapy), M.P.E.S., M.Phil., PGDSM., PGDY., Ph.D.,	Associate Professor & Head i/c	Yoga, Yoga Therapy and Naturopathy
2	Dr. S. Selvalakshmi, M.Sc.,(Yoga), M.Sc., (Yoga Therapy) M.P.Ed., M.Phil., PGDY., Ph.D.,	Associate Professor	Yoga and Yoga Therapy

2. Department of Exercise Physiology and Biomechanics

Sl.No.	Name of the Faculty and Qualification	Designation	Specialization
1	Dr. Grace Helina, M.Sc (FERN), M.Sc., (Yoga Therapy),M.P.Ed., M.Phil., Ph.D., Cert in Aerobics	Professor	Exercise Physiology, Fitness, Rehabilitation and Nutritional Care
2	Dr. P.K. Senthil Kumar, M.P.E.S., M.Phil., M.Sc (Ex.Phy.) Ph.D.,	Associate Professor & Head i/c	Exercise Physiology, Sports Nutrition.
3	Dr. R. Venkatesan, B.Sc.,M.Sc.,(Psy), M.Sc.(Ex.Phy.) M.P.Ed., M.Phil., Ph.D.,	Associate Professor	Exercise Physiology and Sports Nutrition.
4	Dr. P. Rajini Kumar, M.P.E.S., M.Sc., (Sports Biomechanics & Kinesiology), M.Phil., Ph.D.,	Associate Professor	Kinesiology & Biomechanics

III. Faculty of Technology and Management

1. Department of Sports Management and Sports Psychology & Sociology

Sl.No.	Name of the Faculty and Qualification	Designation	Specialization
1	Dr. V. Mangaiyarkarasi M.A., M.Phil., M.B.A., Ph.D.,	Professor and Head	Sports Sociology, Social Gerontology, Social Problems and Gender Studies
2	Dr. S. Prem Kumar, M.B.A., M.Phil., PGDIB.,Ph.D.,	Professor	Sports Marketing
3	Dr. Shahin Ahmed, M.A., M.Sc., M.Phil., M.B.A., Ph.D.,	Professor	Sports Psychology
4	Dr. K. Kannadasan, M.P.Ed., M.Phil., M.Sc(Psy), Ph.D.,	Associate Professor	Sports Psychology
5	Dr. V. Ramesh Kumar, M.B.A., M.Sc(Psy), PGDHRM., Ph.D.,	Assistant Professor	Marketing and Quantitative Methods

2. Department of Advanced Sports Training and Technology

Sl.No.	Name of the Faculty and Qualification	Designation	Specialization
1	Dr. R. Ramakrishnan , M.E., Ph.D., F.I.E., C. Eng.	Professor and Head	Mechanical Engineering
2	Dr. G. Nallavan , M.E., Ph.D., MBA	Associate Professor	Power Electronics

Supportive Departments Statistics and Computer Applications

Sl.No.	Name of the Faculty and Qualification	Designation	Specialization
1	Dr. J. Anitha , M.Sc., M.Phil., Ph.D.,	Assistant Professor	Reliability and Estimation Theory

Health Centre

Sl.No.	Name of the Faculty and Qualification	Designation	Specialization
1	Dr. V. Muruguvalavan M.B.B.S., D.Ortho M.Sc (Ex.Phy.), Ph.D.	Professor Cum Medical Officer	Ortho and Sports Medicine
2	Dr. C. Manoj , M.P.T., M.Sc.(Sports Biomechanics & Kinesiology), M.B.A (Sports Mgt.)	Physiotherapist	Physiotherapy
3	Mr. K.B. Srinivasan , M.P.T.,	Sports Physiotherapist	Sports Physiotherapy
4	Mrs. V.Valli , D.N.D.M.,	Staff Nurse	First Aid

Library and Information Centre

Sl.No.	Name of the Faculty and Qualification	Designation	Specialization
1	Dr. N. Ashok Kumar M.L.I.Sc., M.Phil., Ph.D.,	Deputy Librarian	Digitization

Calendar For the Academic Year 2023 - 2024 JULY - 2023

DATE	DAY	PARTICULARS	Working Days for Sports Science Courses	Working Days for Physical Education & Sports coaching Courses
1	Saturday	Holiday		
2	Sunday	Holiday		
3	Monday	University Reopens after summer vacation	1	1
4	Tuesday		2	2
5	Wednesday		3	3
6	Thursday		4	4
7	Friday		5	5
8	Saturday	Holiday	-	-
9	Sunday	Holiday	-	-
10	Monday		6	6
11	Tuesday	World Population Day	7	7
12	Wednesday		8	8
13	Thursday		9	9
14	Friday		10	10
15	Saturday	Holiday	-	-
16	Sunday	Holiday	-	-
17	Monday		11	11
18	Tuesday		12	12
19	Wednesday		13	13
20	Thursday		14	14
21	Friday		15	15
22	Saturday	Holiday	-	-
23	Sunday	Holiday	-	-
24	Monday		16	16
25	Tuesday		17	17
26	Wednesday		18	18
27	Thursday		19	19
28	Friday		20	20
29	Saturday	Muharram - Holiday	-	-
30	Sunday	Holiday	-	-
31	Monday		21	21
Number of Working Days			21	21
Progressive Total Number of Working Days for Sports science Courses (0+21=21)			21	21
Progressive Total Number of Working Days for Physical Education Courses (0+21=21)			21	21

AUGUST - 2023

DATE	DAY	PARTICULARS	Working Days for Sports Science Courses	Working Days for Physical Education & Sports coaching Courses
1	Tuesday		22	22
2	Wednesday		23	23
3	Thursday		24	24
4	Friday		25	25
5	Saturday		-	26
6	Sunday	Holiday	-	-
7	Monday		26	27
8	Tuesday		27	28
9	Wednesday		28	29
10	Thursday		29	30
11	Friday	Commencement of Internal Assessment - I	30	31
12	Saturday	Holiday	-	-
13	Sunday	Holiday	-	-
14	Monday		31	32
15	Tuesday	Independence Day	-	-
16	Wednesday		32	33
17	Thursday		33	34
18	Friday		34	35
19	Saturday		-	36
20	Sunday	Holiday	-	-
21	Monday		35	37
22	Tuesday		36	38
23	Wednesday		37	39
24	Thursday		38	40
25	Friday		39	41
26	Saturday		-	42
27	Sunday	Holiday	-	-
28	Monday		40	43
29	Tuesday	National Sports Day	41	44
30	Wednesday		42	45
31	Thursday		43	46
Number of Working Days			22	25
Progressive Total Number of Working Days for Sports science Courses (21+22=43)			43	46
Progressive Total Number of Working Days for Physical Education Courses (21+25=46)				

SEPTEMBER - 2023

DATE	DAY	PARTICULARS	Working Days for Sports Science Courses	Working Days for Physical Education & Sports coaching Courses
1	Friday		44	47
2	Saturday		-	48
3	Sunday	Holiday	-	-
4	Monday		45	49
5	Tuesday	Teacher's Day	46	50
6	Wednesday	Krishna Jayanthi - Holiday	-	-
7	Thursday		47	51
8	Friday	International Literacy Day	48	52
9	Saturday	Holiday	-	-
10	Sunday	Holiday	-	-
11	Monday		49	53
12	Tuesday		50	54
13	Wednesday		51	55
14	Thursday		52	56
15	Friday		53	57
16	Saturday	Holiday	-	-
17	Sunday	Holiday	-	-
18	Monday	Vinayagar Chathurthi - Holiday	54	58
19	Tuesday		55	59
20	Wednesday		56	60
21	Thursday	Internal Day of Peace	57	61
22	Friday		58	62
23	Saturday		-	63
24	Sunday	Holiday	-	-
25	Monday		59	64
26	Tuesday	Commencement of Internal Assessment - II	60	65
27	Wednesday		61	66
28	Thursday	Milad-Un-Nabi- Holiday	-	-
29	Friday		62	67
30	Saturday		-	68
Number of Working Days			19	22
Progressive Total Number of Working Days for Sports science Courses (43+19=62)			62	68
Progressive Total Number of Working Days for Physical Education Courses (46+22=68)				

OCTOBER - 2023

DATE	DAY	PARTICULARS	Working Days for Sports Science Courses	Working Days for Physical Education & Sports coaching Courses
1	Sunday	Holiday	-	-
2	Monday	Gandhi Jayanthi - Holiday	-	-
3	Tuesday		63	69
4	Wednesday		64	70
5	Thursday		65	71
6	Friday		66	72
7	Saturday	Holiday	-	73
8	Sunday	Holiday	-	-
9	Monday		67	74
10	Tuesday	World Mental Health Day	68	75
11	Wednesday		69	76
12	Thursday		70	77
13	Friday		71	78
14	Saturday		-	79
15	Sunday	Holiday	-	-
16	Monday		72	81
17	Tuesday		73	81
18	Wednesday		74	82
19	Thursday		75	83
20	Friday		76	84
21	Saturday	Holiday	-	-
22	Sunday	Holiday	-	-
23	Monday	Ayutha Pooja - Holiday	-	-
24	Tuesday	Vijaya Dasami - Holiday	-	-
25	Wednesday		77	85
26	Thursday		78	86
27	Friday		79	87
28	Saturday		-	88
29	Sunday	Holiday	-	-
30	Monday		80	89
31	Tuesday		81	90
Number of Working Days			19	22
Progressive Total Number of Working Days for Sports science Courses (62+19=81)			81	90
Progressive Total Number of Working Days for Physical Education Courses (68+22=90)				

NOVEMBER - 2023

DATE	DAY	PARTICULARS	Working Days for Sports Science Courses	Working Days for Physical Education & Sports coaching Courses
1	Wednesday	Commencement of Model Examination	82	91
2	Thursday		83	92
3	Friday		84	93
4	Saturday		-	94
5	Sunday	Holiday	-	-
6	Monday		85	95
7	Tuesday		86	96
8	Wednesday		87	97
9	Thursday		88	98
10	Friday		89	99
11	Saturday	National Education day	-	-
12	Sunday	Deepavali - Holiday	-	-
13	Monday		90	100
14	Tuesday	Children's day	-	-
15	Wednesday	Commencement of ODD Semester Examination	-	-
16	Thursday		-	-
17	Friday		-	-
18	Saturday	Holiday	-	-
19	Sunday	Holiday	-	-
20	Monday		-	-
21	Tuesday	World Fisheries day	-	-
22	Wednesday		-	-
23	Thursday		-	-
24	Friday		-	-
25	Saturday	Holiday	-	-
26	Sunday	Holiday	-	-
27	Monday		-	-
28	Tuesday		-	-
29	Wednesday		-	-
30	Thursday		-	-
Number of Working Days			09	10
Progressive Total Number of Working Days for Sports science Courses (81+09=90)			90	100
Progressive Total Number of Working Days for Physical Education Courses (90+10=100)				

DECEMBER - 2023

DATE	DAY	PARTICULARS	Working Days for Sports Science Courses	Working Days for Physical Education & Sports coaching Courses
1	Friday	International AIDS Awareness Day	-	-
2	Saturday	Holiday	-	-
3	Sunday	Holiday	-	-
4	Monday	Commencement of Even Semester	1	1
5	Tuesday		2	2
6	Wednesday		3	3
7	Thursday		4	4
8	Friday		5	5
9	Saturday	Holiday	-	-
10	Sunday	Holiday	-	-
11	Monday		6	6
12	Tuesday		7	7
13	Wednesday		8	8
14	Thursday		9	9
15	Friday		10	10
16	Saturday		-	11
17	Sunday	Holiday	-	-
18	Monday		11	12
19	Tuesday		12	13
20	Wednesday		13	14
21	Thursday		14	15
22	Friday		15	16
23	Saturday	Winter Vacation Begins	-	-
24	Sunday	Holiday	-	-
25	Monday	Christmas - Holiday	-	-
26	Tuesday		-	-
27	Wednesday		-	-
28	Thursday		-	-
29	Friday		-	-
30	Saturday	Holiday	-	-
31	Sunday	Holiday	-	-
Number of Working Days			15	16
Progressive Total Number of Working Days for Sports science Courses (0+15=15)			15	16
Progressive Total Number of Working Days for Physical Education Courses (0+16=16)				

JANUARY - 2024

DATE	DAY	PARTICULARS	Working Days for Sports Science Courses	Working Days for Physical Education & Sports coaching Courses
1	Monday	New Year - 2024	-	-
2	Tuesday	University Reopens after Winter Vacation	16	17
3	Wednesday		17	18
4	Thursday		18	19
5	Friday		19	20
6	Saturday		-	21
7	Sunday	Holiday	-	-
8	Monday		20	22
9	Tuesday		21	23
10	Wednesday		22	24
11	Thursday		23	25
12	Friday		24	26
13	Saturday	Holiday	-	-
14	Sunday	Holiday	-	-
15	Monday	Pongal - Holiday	-	-
16	Tuesday	Thiruvallvar Day - Holiday	-	-
17	Wednesday	Ulavar Thirunal - Holiday	-	-
18	Thursday		25	27
19	Friday		26	28
20	Saturday		-	29
21	Sunday	Holiday	-	-
22	Monday		27	30
23	Tuesday		28	31
24	Wednesday		29	32
25	Thursday	National Voter's Day	30	33
26	Friday	Republic Day	-	-
27	Saturday	Holiday	-	-
28	Sunday	Holiday	-	-
29	Monday	Commencement of Internal Assessment - 1(Even Semester)	31	34
30	Tuesday		32	35
31	Wednesday		33	36
Number of Working Days			18	20
Progressive Total Number of Working Days for Sports science Courses (15+18=33)			33	36
Progressive Total Number of Working Days for Physical Education Courses (16+20=36)				

FEBRUARY - 2024

DATE	DAY	PARTICULARS	Working Days for Sports Science Courses	Working Days for Physical Education & Sports coaching Courses
1	Thursday		34	37
2	Friday		35	38
3	Saturday		-	39
4	Sunday	Holiday	-	-
5	Monday		36	40
6	Tuesday		37	41
7	Wednesday		38	42
8	Thursday		39	43
9	Friday		40	44
10	Saturday	Holiday	-	-
11	Sunday	Holiday	-	-
12	Monday		41	45
13	Tuesday		42	46
14	Wednesday		43	47
15	Thursday		44	48
16	Friday		45	49
17	Saturday		-	50
18	Sunday	Holiday	-	-
19	Monday		46	51
20	Tuesday		47	52
21	Wednesday		48	53
22	Thursday		49	54
23	Friday		50	55
24	Saturday		-	56
25	Sunday	Holiday	-	-
26	Monday		51	57
27	Tuesday		52	58
28	Wednesday		53	59
29	Thursday		54	60
Number of Working Days			21	24
Progressive Total Number of Working Days for Sports science Courses (33+21=54)			54	60
Progressive Total Number of Working Days for Physical Education Courses (36+24=60)				

MARCH - 2024

DATE	DAY	PARTICULARS	Working Days for Sports Science Courses	Working Days for Physical Education & Sports coaching Courses
1	Friday		55	61
2	Saturday		-	62
3	Sunday	Holiday	-	-
4	Monday		56	63
5	Tuesday		57	64
6	Wednesday		58	65
7	Thursday		59	66
8	Friday	International Women's day	60	67
9	Saturday	Holiday	-	-
10	Sunday	Holiday	-	-
11	Monday	Commencement of Internal Assessment - II (Even Semester)	61	68
12	Tuesday		62	69
13	Wednesday		63	70
14	Thursday		64	71
15	Friday		65	72
16	Saturday		-	73
17	Sunday	Holiday	-	-
18	Monday		66	74
19	Tuesday		67	75
20	Wednesday		68	76
21	Thursday	International Day of Forests	69	77
22	Friday		70	78
23	Saturday		-	79
24	Sunday	Holiday	-	-
25	Monday		71	80
26	Tuesday		72	81
27	Wednesday		73	82
28	Thursday		74	83
29	Friday	Good Friday - Holiday	-	-
30	Saturday	Holiday	-	-
31	Sunday	Holiday	-	-
Number of Working Days			20	23
Progressive Total Number of Working Days for Sports science Courses (54+20=74)			74	83
Progressive Total Number of Working Days for Physical Education Courses (60+23=83)				

APRIL - 2024

DATE	DAY	PARTICULARS	Working Days for Sports Science Courses	Working Days for Physical Education & Sports coaching Courses
1	Monday		75	84
2	Tuesday		76	85
3	Wednesday		77	86
4	Thursday		78	87
5	Friday		79	88
6	Saturday		-	89
7	Sunday	Holiday	-	-
8	Monday		80	90
9	Tuesday	Telgu New Year - Holiday	-	-
10	Wednesday	Ramzan Holiday	-	-
11	Thursday	Commencement of Model Examination (Even Semester)	81	91
12	Friday		82	92
13	Saturday	Holiday	-	-
14	Sunday	Dr.B.R. Ambedkar's Birthday	-	-
15	Monday		83	93
16	Tuesday		84	94
17	Wednesday		85	95
18	Thursday		86	96
19	Friday		87	97
20	Saturday	Holiday	-	-
21	Sunday	Mahaveer Jayanthi - Holiday	-	-
22	Monday		88	98
23	Tuesday		89	99
24	Wednesday		90	100
25	Thursday	Commencement of Even Semester Examinations	-	-
26	Friday		-	-
27	Saturday	Holiday	-	-
28	Sunday	Holiday	-	-
29	Monday		-	-
30	Tuesday		-	-
Number of Working Days			16	17
Progressive Total Number of Working Days for Sports science Courses (74+16=90)			90	100
Progressive Total Number of Working Days for Physical Education Courses (83+17=100)				

MAY - 2024

DATE	DAY	PARTICULARS	Working Days
1	Wednesday	Labour Day - Holiday	-
2	Thursday	Summer Vacation Begins for Staffs	-
3	Friday		-
4	Saturday	Holiday	-
5	Sunday	Holiday	-
6	Monday		-
7	Tuesday		-
8	Wednesday	International Mother's Day	-
9	Thursday		-
10	Friday		-
11	Saturday	Holiday	-
12	Sunday	Holiday	-
13	Monday		-
14	Tuesday		-
15	Wednesday		-
16	Thursday		-
17	Friday		-
18	Saturday	Holiday	-
19	Sunday	Holiday	-
20	Monday		-
21	Tuesday		-
22	Wednesday		-
23	Thursday		-
24	Friday		-
25	Saturday	Holiday	-
26	Sunday	Holiday	-
27	Monday		-
28	Tuesday		-
29	Wednesday		-
30	Thursday		-
31	Friday		-

JUNE - 2024

DATE	DAY	PARTICULARS	Working Days
1	Saturday	Holiday	-
2	Sunday	Holiday	-
3	Monday		-
4	Tuesday		-
5	Wednesday		-
6	Thursday		-
7	Friday		-
8	Saturday	Holiday	-
9	Sunday	Holiday	-
10	Monday		-
11	Tuesday		-
12	Wednesday		-
13	Thursday		-
14	Friday		-
15	Saturday	Holiday	-
16	Sunday	Holiday	-
17	Monday	Bakrid - Holiday	-
18	Tuesday		-
19	Wednesday		-
20	Thursday		-
21	Friday		-
22	Saturday	Holiday	-
23	Sunday	Holiday	-
24	Monday		
25	Tuesday		
26	Wednesday		
27	Thursday		
28	Friday		
29	Saturday	Holiday	
30	Sunday	Holiday	

Beginning of the next academic session on 01.07.2024 after the summer vacation.

CALENDAR FOR THE ACADEMIC YEAR 2021 -2022

List of Affiliated Physical Education Colleges

1. YMCA College of Physical Education (Autonomous), Nandanam, Chennai - 600 035.
2. Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education (Autonomous), Sri Ramakrishna Vidyalaya Post, Periyanaickenpalayam, Coimbatore - 641 020.
3. Dr. Sivanthi Aditanar College of Physical Education, Tirunelveli Road, Tiruchendur - 628 215.
4. Sri Sarada College of Physical Education for Women Fairlands, Salem - 636 016.
5. Selvam College of Physical Education Salem Road, Ponnusamy Nagar, Pappinayakkapatty (Po), Namakkal - 637 003.
6. Koviloor Andavar College of Physical Education and Sports Science, Koviloor Madalayam, Koviloor - 630 307.
7. Meenatchi Physical Education College Trichy Main Road, M.R. Kalvi Nagar Thathanur (po), Udayarpalayam (Tk), Ariyalur Dt - 621 804.
8. Christian College of Physical Education K.P. Road, Kanyakumari Dist., Nagercoil - 629 003.
9. St. John's College of Physical Education Veeravanallur - 627 426 Tirunelveli - Dist.
10. Sri Renugambal College of Physical Education C.C. Road, Ettivadi, Polur - 606 907.
11. Mother Terasa College of Physical Education Mettusalai, Illuppur (Post) Pudukkottai District - 622 102.
12. Dhanalakshmi Srinivasan College of Physical Education Perambur - 621 212
13. K.R. College of Physical Education NH-7 K.R. Nagar, Vedasandur Post & Taluk, Dindigul Dt.
14. Sree Bhavani College of Physical Education Veepur - Virudhachalam Main Road, K. Kothanur Village, Kandappankurichi, Nallur Post, Veppur Tk. Guddalore Dist.
15. Cheran College of Physical Education, No.9D/3, Ramakrishnapuram, Karur - 639 001.

16. Jenney's College of Physical Education No.2/67, A Manikandan Road, Ramjee Nagar, Tiruchirapalli District - 620 009.
17. G.S. College of Physical Education, Kampaliyampatta Road, Avanasipalayam (Post) Pothampalayam Panchayat, Kangayam - 638 701. Tiruppur District.
18. Pasumpon Muthuramalinga Thevar Physical Education College, Plot No.3, Vadugapatti, Usilampatti, Madurai - 625 532.
19. MASS College of Physical Education, Vanur, Villupuram - Dist

List of Affiliated Yoga Colleges

1. Vethathiri Maharishi College of Yoga, No.26, Second Seaward Road, Valmiki Nagar, Thiruvannamiyur, Chennai - 600 041.
2. Shri Paranjothi Yoga College, No.113, Sri Paranjothi Nagar, Udumalpet - TK, Tirupur.
3. PGP College of Yoga & Research Centre (Old No.57) New No.59, Sterling Road, Numgambakkam, Chennai - 600 034.
4. Selvam College of Yoga and Research Centre Chemmuthal, Nethaji Street, Tholayavattam Post - 629 157.
5. McGan's Academy of Yoga and Sports, No.5/365, Perar Kothagiri Road, Mynala Post, Kothagiri Road, Ooty, Nilgiris - 643002.

Contact Address

The Registrar,

Tamil Nadu Physical Education and Sports University
Melakottaiyur, Vandalur - Kelambakkam Road, Chennai - 600 127.

Phone : 044 - 27477905 - 906

E-mail : regtnpesu@gmail.com

Website : www.tnpsu.org

Controller of Examinations : 044 - 27477914 / 915 / 917

School of distance Education : 044 - 27477919

National Anthem

Jana Gana Mana Adhinaayak Jaya Hey,
Bhaarat Bhaagya Vidhaataa
Panjaab Sindhu Gujarat Maraatha,
Draavid Utkal Banga
Vindhya Himaachal Yamuna Ganga,
Uchchhal Jaladhi Taranga
Tav Shubh Naamey Jaagey,
Tav Shubh Aashish Maange
Gaahey Tav Jayagaathaa
Jana Gana Mangal Daayak,
Jaya Hey Bhaarat Bhaagya Vidhaataa
Jaya Hey, Jaya Hey, Jaya Hey
Jaya Jaya Jaya, Jaya Hey

நாட்டுப்பண்

ஐன கண மன அதிநாயக ஜெய ஹே
பாரத பாக்ய விதாதா,
பஞ்சாப் சிந்து குஜராத் மராட்டா
திராவிட உத்கல வங்கா.
விந்திய இமாச்சல யமுனா கங்கா
உச்சல ஜலதி தரங்கா.
தவ ஷீப நாமே ஜாகே,
தவ ஷீப ஆஷிஷ மாகே,
காஹே தவ ஜெய காதா.
ஐன கண மன அதிநாயக ஜெய ஹே
பாரத பாக்ய விதாதா,
ஜெய ஹே, ஜெய ஹே, ஜெய ஹே,
ஜெய ஜெய ஜெய, ஜெய ஹே.

National Pledge

India is my country and all Indians are my brothers and sisters. I love my country and I am proud of its rich and varied heritage. I shall always strive to be worthy of it. I shall give respect to my parents, teachers and all elders and treat everyone with courtesy. To my country and my people, I pledge my devotion. In their wellbeing and prosperity alone, lies my happiness.

நாட்டுப்பண்

இந்தியா என் நாடு. இந்தியர் அனைவரும் என் உடன் பிறந்தவர்கள். என் நாட்டை நான் பெரிதும் நேசிக்கிறேன். இந்நாட்டின் பழம்பெருமைக்காகவும், பன்முக மரபுச் சிறப்புக்காகவும் நான் பெருமிதம் அடைகிறேன். இந்நாட்டின் பெருமைக்குத் தகுந்து விளங்கிட என்றும் பாடுபடுவேன்.

என்னுடைய பெற்றோர், ஆசிரியர்கள், எனக்கு வயதில் மூத்தோர் அனைவரையும் மதிப்பேன். எல்லோரிடமும் அன்பும் மரியாதையும் காட்டுவேன். என் நாட்டிற்கும் என் நாட்டு மக்களுக்கும் உழைத்திட முனைந்து நிற்பேன். அவர்கள் நலமும் வளமும் பெறுவதிலேதான் என்றும் மகிழ்ச்சி காண்பேன்.

தமிழ்த்தாய் வாழ்த்து

நீராருங் கடலுடுத்த நிலமடந்தைக் கெழிலெழுகும்
சீராரும் வதனமெனத் திகழ் பரதக் கண்டமிதில்
தெக்கணமும் அதிர்சிறந்த திராவிடநல் திருநாடும்
தக்கசிறு பிறைநுதலும் தரித்தநறுந் திலகமுமே!
அத்திலக வாசனைப்போல் அனைத்துலகும் இன்பமுற
எத்திசையும் புகழ்மணக்க இருந்தபெருந் தமிழணங்கே!
தமிழணங்கே!
உன் சீரிளமைத் திறம்வியந்து செயல்மறந்து வாழ்த்துதுமே!
வாழ்த்துதுமே!! வாழ்த்துதுமே!!

தீண்டாமை ஒழிப்பு உறுதிமொழி

இந்திய அரசியல் அமைப்பின் பால் இடைவிடாத, உளமார்ந்த, பற்றுள்ள இந்திய குடிமகன், குடிமகள் ஆகிய நான் நமது அரசியல் அமைப்பின்படி தீண்டாமை ஒழிக்கப்பட்டு விட்டது என்பதை அறிவேன். தீண்டாமையை அடிப்படையாகக் கொண்டு எவர்மீதும் தெரிந்தோ, தெரியாமலோ சமூக வேற்றுமையை மனம், வாக்கு, செயல் என்று எந்த வகையிலும் கடைபிடிக்க மாட்டேன் என்று இதனால் உளமாற உறுதி அளிக்கிறேன்.

அரசியல் அமைப்பின் அடிப்படை கருத்திற்கு இணங்க, சமய வேறுபாடற்ற சுதந்திர சமுதாயத்தை உருவாக்குவதில் நேர்மையுடனும், உண்மையுடனும் பணியாற்றுவது எனது கடமையாகும் என்பதையும் உணர்வேன்.

அரசியல் அமைப்பின்பால் எனக்குள்ள முழுப் பற்றிற்கு இது என்றென்றும் எடுத்துக்காட்டாக விளங்கும் என்றும் இதனால் உளமாற உறுதி அளிக்கிறேன்.

கொடிப்பாடல்

பல்லவி

தாயின் மணிக்கொடி பாரீர் அதைத்-
தாழ்ந்து பணிந்து புகழ்ந்திட வாரீர்

சரணங்கள்

ஓங்கி வளர்ந்ததோர் கம்பம் அதன் -
உச்சியின் மேல் வந்தே மாதர மென்றே
பாங்கி னேழுதித் திகழும் செய்ய -
பட்டொளி வீசிப் பறந்தது பாரீர்!

கம்பத்தின் கீழ்நிறறல் காணீர் எங்கும் -
காணரும் வீரர் பெருந்திருக் கூட்டம்
நம்பற் குரியரவ் வீரர் - தங்கள்
நல்லுயி ரீந்துங் கொடியினைக் காப்பார் (தாயின்)

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**Tamil Nadu Physical Education and Sports University
Chennai – 600 127
Student Profile (Student Copy)
Academic Year _____**



1	Name	English				Register No	
		Tamil				Aadhaar No	
2	Sex	Male / Female		DOB	Date	Month	Year
3	Course					Duration	
4	Father's Name					Father's Occupation	
5	Mother's Name					Mother's Occupation	
6	Community & Religion	ST/ SC/ SC(A)/ MBC/ BC/ BC (M) / OC Hindu/ Muslim/ Christian/ Others _____			Blood Group		
7	Permanent Address						
	Type of Domicile Area (Tick the Appropriate)	Metro City	Corporation City	Urban	Semi	Rural	
8	Phone Number of the Father / Guardian	Student Contact Number(s)			Email Id		
9	Sports Achievement						
10	Details of Internship Completed as per Course Requirement)	Institution				Date	
11	Any other Achievement wish to inform						
12	Any other Achievement wish to inform						
							Signature

ENGAGEMENTS / NOTES

Tamil Nadu Physical Education and Sports University Chennai –600 127

Student Profile (Department Copy)

Academic Year _____



1	Name	English				Register No	
		Tamil				Aadhaar No	
2	Sex	Male / Female	DOB	Date	Month	Year	
3	Course					Duration	
4	Father's Name					Father's Occupation	
5	Mother's Name					Mother's Occupation	
6	Community & Religion	ST/ SC/ SC(A)/ MBC/ BC/ BC (M) / OC Hindu/ Muslim/ Christian/ Others_____			Blood Group		
7	Permanent Address						
	Type of Domicile Area (Tick the Appropriate)	Metro City	Corporation City	Urban	Semi	Rural	
8	Phone Number of the Father / Guardian	Student Contact Number(s)			Email Id		
9	Sports Achievement						
10	Details of Internship Completed (as per Course Requirement)	Institution			Date		
11	Any other Achievement wish to inform						
12	Any other Achievement wish to inform						

Signature

Emergency Helpline Numbers

- | | |
|---|--------------------|
| 1. Police Control Room | 100 |
| 2. Fire Control Room | 101 |
| 3. Ambulance Helpline | 102 |
| 4. Centralised Accident & Trauma Services (CATS) | 1099 |
| 5. Ambulance Helpline, Delhi | 1092 |
| 6. Women's Helpline | 1091 |
| 7. Women's Helpline Anywhere in India | 181 |
| 8. Senior Citizen Helpline | 1091, 1291 |
| 9. Anti-Obscene calls Cell | 1091 |
| 10. Anti- Stalking Cell | 1091 |
| 11. AIDS Helpline (India) | 1097 |
| 12. Medical Helpline State (Andhra Pradesh, Gujarat, Utterkhand
Goa, TamilNadu, Rajasthan, Karnataka, Assam, Meghalaya,
Madhya Pradesh and Uttar Pradesh) | 108 |
| 13. Anti - Poison | 1099 |
| 14. Fire Control Room | 101 |
| 15. Indian Red Cross Society | 011-23711551 |
| 16. Directory Enquiry | 197 |
| 17. CGHS Helpline, Directorate General of Health Services | 155224 |
| 18. Disaster Management of Govt. of NCT of Delhi | 1094 |
| 19. Dy. Commissioner of Police (Missing Childran and Women) | 1094 |
| 20. Traffic Police Helpline | 1095 |
| 21. Delhi Police Helpline | 1090 |
| 22. Helpline of NDMC Control Room | 1297 |
| 23. Ambulance Service | 1066 |
| 24. Helpline for Women | 1092 |
| 25. ORBO C.N. Centre, AIIMS (For Donation of Organs) | 1060 |
| 26. Coastal Sercurity Helpline | 1093 |
| 27. Child Line | 1098 |
| 28. Railway Police Helpline | 9962500500 or 1512 |
| 29. Anti-Ragging Complain | 18001805522 |
| 30. Student and Exam Helpline | 14417 |
| 31. Railway Enquiry | 139 |